



How to find us

Bristol

AXA ICAS
1 Friary
Temple Quay
Bristol BS1 6EA
Tel: 0141 553 5129



Directions by road from:

M4

- Exit junction 19 onto the M32
- At the end of the M32, take the left-hand lane and turn left onto the inner ring road
- Drive through the underpass then take the first exit at the main Temple Circus roundabout into Temple Quay
- Take the first left at the small roundabout and Regus is in front of you.

By Air

FROM BRISTOL INTERNATIONAL AIRPORT

- Follow the A38 towards Bristol, approximately 20 minutes' drive
- Follow signs for Temple Meads Station.

By Public Transport:

- Exit Temple Meads Station and turn right onto pedestrian link to Temple Quay
- Ferries and buses link other parts of the city to Temple Meads



ICAS WELLBEING